

## SUN CARE POLICY

Rationale: Adults and tamariki need protection from the harmful effects of the sun, as excessive

exposure to the sun's uv radiation can cause sun burn to your skin, eye damage and skin cancer. We promote the Cancer Society's message of 'slip, slop, slap, and

wrap.'

**Purpose:** To ensure that tamariki and Kaiako are kept safe from the harmful effects of the sun.

## **Procedures:**

- The centre will take care to ensure that frequently used play areas are sheltered from the sun.
- Parents are encouraged to bring named sunhats for their children. The centre will provide spare
  hats if parents have forgotten to provide their tamaiti a hat. We recommend a bucket hat to wear as
  it provides all round protection. Baseball caps are not recommended due to lack of protection.
- Sunblock will be applied during Term 1 and 4 everyday unless it is raining. Kaiako will use their discretion during terms 2 and 3 if sunblock needs to be applied.
- Whānau need to ensure that their tamaiti/child has had sunscreen applied before they start their session. Parental responsibility is to ensure their tamaiti/child has sunblock applied before they arrive at the centre or applied once they are at the centre. For tamariki that attend for a full day the kaiako will re apply sun block at lunch time; this sun block is provided by the centre is SPF 30+ or above. Any tamaiti requiring a special sun block due to skin allergies must provide their own and fill out the required paperwork.
- Kaiako at Cashmere Early Centre will make sure that both tamaiti and kaiako will be visible to other adults when applying sunscreen.(Child protection policy)
- Kaiako will role model the use of sun block, sun hats and sunglasses where appropriate.
- Tamariki are never outside wearing less than a T-shirt and are always required to wear a hat. If at
  any time tamaiti are unwilling to wear a hat or the kaiako feel that the tamaiti is being exposed to the
  harmful effects of the sun they have the right to re direct the tamaiti inside for their safety.
- Whānau are encouraged to dress their tamariki in adequate clothing to reduce their tamaiti
  exposure to the sun. No sun dresses or singlet tops are to be worn unless a t-shirt is worn
  underneath.
- Kaiako will use their discretion as to the length of time the tamariki are outside during the heat of the day.
- Kaiako educate the tamariki about sun safety as part of the preschool programme.

• Drinking water is available at all times.

Date of review: November 2022 Signed:

Date of next review: November 2025